

Parenting Kids in an Online Age

Resource Guide

Below are resources discussed (and some that were not discussed) on the May 20th, Thriving Life Podcast: Parenting Kids in an Online Age.

Internet Safety Framework

ACCESS - Cleaning up the easy and unguided paths

Goal: Minimize Access/Temptation

Questions to consider:

- Are there unrestricted paths to the internet in my home?
- What is holding us back from setting up controls?
- How have guided paths been a source of freedom for my family?

ACCOUNTABILITY - Inviting a few trusted people into our character journey

Goal: Transparency

Questions to consider:

- Am I familiar with my kid's online or device activity?
- Do my kids have a safe place to talk about temptation, struggles, and sin?
- Have my kids experienced the joy of "coming clean" through confession?
- Have I created a culture of accountability within our family?

ATTITUDE - Working with the will

Goal: Self-awareness

Questions to consider:

- Do I recognize the tempting things that my kids are drawn to?
- Are there attempts to bypass some of the restrictions that are set up in our home?
- Are my kids hiding their tech history or activity? For younger kids, are they sneaking iPad or tablet time?
- How is character displayed when the content controls are gone?

Recommended Reading

- Parent Chat: The Technology Talk for Every Family
- Every Parent's Guide to Navigating our Digital World
- The Tech-Wise Family: Everyday Steps for Putting Technology in Its Proper Place
- Good Pictures Bad Pictures: Porn-Proofing Today's Young Kids
- Good Pictures Bad Pictures Jr: A Simple Plan to Protect Young Minds

Services

Open DNS Family Shield/Home || opendns.com

Parental controls that protect every device in your home

Bark || bark.us

Social media, text, and email monitoring (24 different platforms)

Life360 || life360.com

Syncs family into a private, invite-only circle of location sharing, battery monitoring, location ETA, and place alerts

Circle with Circle Go || meetcircle.com

Internet filter, time limits, off time, usage monitoring, pause, rewards, activity history, bedtime, and location tracking

Our Pact Premium || ourpact.com

Individual app controls, screen time allowance, iMessage/SMS blocking, web browser blocking, cross-browser internet filtering, website whitelisting, and blacklisting, real-time device location monitoring, and 'place' notifications

Gabb Wireless || gabbwireless.com

A safe phone for kids, 5" display and sleek smartphone appearance, unlimited talk, and text, front and rear camera for taking selfies and photos, 3.5mm Earphone Port for headphones

Amazon Free Time Unlimited || amazon.com/ftu/home

Customizable experiences for kids ages 3 to 5, ages 6 to 8, and ages 9 to 12. Curated content from Disney, Nickelodeon, Sesame Street, PBS Kids, and Cartoon Network. Free Time Unlimited access on Fire, Fire TV, Echo, Kindle, Android, and iOS devices

Interland || beinternetawesome.withgoogle.com

Kids can play their way to being Internet Awesome with Interland, an online adventure that puts the key lessons of digital safety into hands-on practice with four challenging games.

Fortify || joinfortify.com

Designed to equip individuals struggling with compulsive pornography use – young and old – with tools, education, and community to assist them in reaching lasting freedom