

**K-3**

**START  
HERE!**

**FLIP THIS PAGE OVER  
TO GET STARTED!**

## HOW DOES ALL OF THIS WORK?

Easy. Every box includes a challenge card and activity pack for each kid and a lesson pack for each age group. The challenge card "drives" all the content. Three activities to complete each week, three activities to complete each month. Check out all the activities below!



### **WATCH IT - WEEKLY VIDEO CONTENT**

Every week, we have new video content for you to watch online. Go to the link we provide in your box to Watch It!



### **DO IT - WEEKLY ACTIVITY**

Every week, we provide a "Do It" activity In your lesson pack. Detailed Instructions are Included and most of the materials needed are included in the activity pack.



### **TALK ABOUT IT - WEEKLY DISCUSSION**

Every week, we provide 1-2 questions to ask a grownup. Once they give their answer, they'll ask you the same questions. It's a fun and easy conversation!



### **MEMORY VERSE**

Every month, we introduce a new verse to memorize. It's the anchor passage for the month's content and is worth committing to memory!



### **MAKE IT ACTIVITY**

Every month, we provide a fun and crafty (sometimes edible) activity to do as a family. This activity will include clear directions, easy to find supplies, and a simple connection to what your kids are learning.



### **FAMILY ACTIVITY**

Every month, we provide a parent-led family activity, usually a fun activity or conversation that can happen during a meal or at bedtime.

## **COMPLETE YOUR CHALLENGE CARD**

Three activities every week and three activities every month. Complete every activity and you'll win a special prize. How fun is that?



## **WATCH IT**

Follow the link in your box to watch this week's service video



## **DO IT - WEEKLY ACTIVITY**

Below is a quick activity to do with someone in your family

### **THUMBS-UP**

#### **WHAT YOU NEED: Thumbs-Up, Thumbs-Down, and Scenario Cards**

#### **WHAT YOU DO:**

- Place the "Thumbs-Up" at one end of a room and the "Thumbs-Down" at the other
- Stand in the middle of the room and have someone read the scenario cards
- Run to the "Thumbs-Up" and give a thumbs-up if the kid in the scenario is truthful and shows integrity
- Run to the "Thumbs-Down" and give a thumbs-down if the kid in the scenario doesn't show integrity
- Return to the middle between scenarios

\*\*IDEA - Add variety by using different motions: tiptoe, heel walk, slow-motion, etc.

#### **READ THIS:**

Having integrity means that you choose to be truthful in whatever you SAY and DO. So, if your parent tells you to clean your room, and you stuff things under your bed or in your closet, are you being truthful? No, that's not being truthful. What should you do instead? You should do what your parent asks you to do the first time you are asked. If you break something and you are asked, "What happened?" and you say, "I don't know," are you being truthful? No, you're not being honest, are you? You should own it, apologize, and say, "I'm sorry I did that."

God wants you to be truthful with your whole life because HE is truthful. Do you know what? If you ask Him to help you, He will! So remember to be truthful with your whole life.



## **TALK ABOUT IT - DISCUSSION**

Find a grown up and take turns answering these questions

- 1. Explain a time when you chose NOT TO DO what you said you would do. How did that make you feel? How did it make the other person feel?**
- 2. Do you think it's hard to be the same person inside your house compared to when you leave your house? Why or why not?**

## **DON'T FORGET YOUR MONTHLY CHALLENGES**



**MEMORY  
VERSE**



**MAKE IT  
ACTIVITY**



**FAMILY  
ACTIVITY**

### **MEMORY VERSE:**

**"Anyone who lives without blame walks safely.  
But anyone who takes a crooked path will get caught."**

**Proverbs 10:9**



## **WATCH IT**

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## **DO IT - WEEKLY ACTIVITY**

Below is a quick activity to do with someone in your family

## **DON'T GET CAUGHT**

**WHAT YOU NEED:** Nothing

**WHAT YOU DO:**

- Read Proverbs 10:9
  - "Anyone who lives without blame walks safely. But anyone who takes a crooked path will get caught."
- Now, you will play a version of "Freeze Tag"
  - Select someone to be "it" for the first round
  - Say the verse together. When you get to the word "caught," scatter away from one another so you don't get tagged by the person who is "it"
  - As soon as someone is tagged, say, "FREEZE," and everyone must freeze in place
  - The person who was tagged will be "it" for the next round
- Repeat as many times as you want

**READ THIS:**

Our verse this month reminds us that anyone who lives without blame, who chooses to live with integrity, walks safely. But anyone who takes a crooked path, who chooses to be dishonest with their words or actions, gets caught, just like some of you were "caught" in this game of tag. This week, when you find yourself leaning toward making an unwise choice to be dishonest with your words or actions, remember that feeling of being caught in this game. Choosing integrity always keeps us safe because being truthful with God keeps you close to Him.



## TALK ABOUT IT - DISCUSSION

Find a grown up and take turns answering these questions

1. How do you know when you can trust someone?
2. Why shouldn't people keep secrets?

## DON'T FORGET YOUR MONTHLY CHALLENGES



**MEMORY  
VERSE**



**MAKE IT  
ACTIVITY**



**FAMILY  
ACTIVITY**

### MEMORY VERSE:

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## **DO IT - WEEKLY ACTIVITY**

Below is a quick activity to do with someone in your family

### **TELL THE TRUTH**

**WHAT YOU NEED:** Tell the Truth Gameboard and Scenario Cards, dice, game pieces

**WHAT YOU DO:**

- Play the Tell the Truth game with 2 or more people
- Set the Tell the Truth Gameboard on the floor or on a table
- Give each team a game piece to place at START
- Take turns rolling the die and moving your token along the board
- If the game piece lands on a space with "Tell the Truth!", read a scenario from "Tell the Truth Scenarios" and answer
- If the you answer wisely, move your piece forward two spaces
- If you answer unwisely, go back one space
- Continue play until someone reaches the Finish, then play again, shuffling the cards and answering scenarios again

**READ THIS:**

God wants you to tell the truth, because when you're not truthful, you lose trust. But when you ARE truthful, you gain trust! You gain God's trust, and you gain people's trust. So, tell the truth and do what you say you're going to do. Be a person of integrity so that people will know they can trust you! Because when you're not truthful, you lose trust.



## TALK ABOUT IT - DISCUSSION

Find a grown up and take turns answering these questions

1. What would happen if you lied to your friend? How would they feel?
2. Why is telling the truth so hard sometimes?
3. Explain a time you did not tell the truth and why.

## DON'T FORGET YOUR MONTHLY CHALLENGES



**MEMORY  
VERSE**



**MAKE IT  
ACTIVITY**



**FAMILY  
ACTIVITY**

### MEMORY VERSE:

"Anyone who lives without blame walks safely.  
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## **DO IT - WEEKLY ACTIVITY**

Below is a quick activity to do with someone in your family

## **HIDDEN PICTURES**

**WHAT YOU NEED:** Hidden Pictures Card, clicker pen, (Optional: something else to color with - not included)

### **WHAT YOU DO:**

- Use the activity page and find the hidden pictures
  - There is a key at the bottom of the page so you know what to look for
  - Circle the hidden items as you find them on the page
  - After you find them all, you can go back and color the page
- As you are finding the pictures or coloring, take turns answering these questions:
  - Tell me about your favorite day this week. Why was it your favorite?
  - If you could switch places with your teacher tomorrow, what would you teach?
  - Are you reading any books right now? What book?
  - Did you have a chance to practice integrity this week? When? What happened?

### **READ THIS:**

Every single day, you have the chance to focus on what is true. Philippians 4:8 says, "Finally, my brothers and sisters, always think about what is true. Think about what is noble, right, and pure. Think about what is lovely and worthy of respect. If anything is excellent or worthy of praise, think about those kinds of things." Being truthful is something you have to think about every day. If you begin to think that being truthful is not important, remember that integrity is choosing to be truthful in whatever you say and do. That's right! It is a choice. So, choose to focus on what's true.



## TALK ABOUT IT - DISCUSSION

Find a grown up and take turns answering these questions

1. What is one thing that you absolutely know is true? How does that make you feel?
2. Is there anything going on in your life right now that is "worthy of praise" or excellent? What is it?

## DON'T FORGET YOUR MONTHLY CHALLENGES



**MEMORY  
VERSE**



**MAKE IT  
ACTIVITY**



**FAMILY  
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