# Journal

Spend some time thinking about

the question below and journal your thoughts or share them with a parent.

# What does it mean to have Peace?





### Day 1

Go to Studio252.tv and watch this week's episode of The So & So Show.

Click on Fun2Watch! then The So & So Show.

Even if you already saw it at church, feel free to check it out again!

### SO & SO TOP 3

After watching, write one thing that:

2. You lea	arned:	



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## Day 2

#### Read Luke 2:8-20

After you read Luke 2:8-20, grab a sheet of paper and draw a comic-style illustration of the events that happened that night. Stick figure angels and shepherds are great! If you happen to have glue and cotton balls, you can even make the sheep 3-D. (And as an extra bonus, if you have pipe cleaners, you can make an angel halo and shepherd's crook with those!)

Be sure and draw a speech bubble above the angels and write the words to the song they sang to the shepherds that night: "May glory be given to God in the highest heaven! And may peace be given to those he is pleased with on earth!"

Underline the word PEACE. How amazing that **God's peace is for everyone!** 



# Day 3

Draw a circle on a sheet of paper big enough to fit your immediate family member's names.

Write their names inside it. Then just outside the circle, draw a bigger circle. In this section, write the names of your closest friends, as well as the names of your grandparents, aunts/uncles, cousins, etc. Then draw another circle, and in this section write the names of your classmates, teammates, coaches, teachers, etc. Then finally draw one more circle and write the names (or jobs) of the community helpers you know of (grocery store cashier, crossing guard, police officers, government employees, etc.).

Now take a minute to pray for each of those people, that they can experience God's peace. For those in your innermost circle, pray for them by name. Pray for any difficult situations they might be going through, that they would feel God's peace despite their circumstances. For those in the outer circles, you can pray more in general terms (e.g., "God, please give your peace to all those who serve our communities.")

It may seem like a lot of people to pray for, but it's a great reminder that **God's peace is for everyone!** 

# Day 4

Some churches have a tradition of saying, "Peace be with you."

And the other person responds, "And also with you." It's called "passing the peace."

You don't have to be at church to "pass the peace" though, and you don't have to state it so formally either (although, you certainly can). You can share God's peace by reminding others that Jesus came so we can have peace. You can share peace by texting a friend an encouraging note. You can pass the peace to your family, your friends, your teammates, with simple words, your favorite Bible verse, or letting them know you're praying for them to have peace.

Today, choose a friend or family member that you know needs to feel God's peace. Then pick a fun way to remind them that **God's peace is for everyone**—even them.



# Day 5

Use the letters of the word PEACE to fill out the rest of the acrostic with the things peace means to you. (It doesn't have to start with that letter; it can be a letter in the middle of the word too.)

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FEELING GOD IS WITH YOU A C E

We all may experience peace a little different based on our life experience, but ultimately, peace means God is with us, and nothing in this world can take that away! There are lots of things in life that can make us feel worried and afraid. But the peace Jesus gives us will help us get through those tough times. And the peace He offers also makes us right with God—restoring our relationship so we can live with Him forever. What a reason to celebrate, even after Christmas is over!