



ANTHEM PARENT CUE

This week's message, we read through James 1:19-27. We unpacked how we can know about God. We can know His Word on the surface level, but how do we deeply know it? We walked through how we must hear the Word, but also live it out. We must be rooted in the Word that we can't be shaken, and have a firm foundation in Jesus, every season. Real listening takes effort and action.

Here are conversations to help talk to your teenager(s):

With these, be sure to listen and not just talk or try to relate. Show them they have your full attention. Remove distractions (*phone, tv, or anything that can pull the focus from showing your teen(s) they have your full attention*).

- When you see an opportunity in normal conversation, ask them, "How do you feel when you don't feel like someone is listening to you?"
 - After they have shared, be sure to validate how that could feel. (*i.e. "I am sorry that {insert circumstance} is really difficult when you don't feel heard or valued."*)
- Ask them how they are seeking God's direction in his Word. Are they journaling, praying, talking with friends or mentors, etc.?
 - This helps them process how they can navigate the circumstance or situation.
- Thank them for sharing. Maybe share how you have been able to find truth in being planted in God's Word, in every season. And, how to live it out by not just listening to His words but doing as they say.

Be encouraged, even if your student doesn't share or want to talk; this creates opportunity for them. You have shown them you care and will be available to walk through life with them. Remember, you are equipped for this because God knew everything about you before he gave you your teenager(s) to love and lead.

We are praying with you and for you! We want to help encourage you this week: How you listen and respond is key...Quick to Listen = Slow to Speak.

- ANTHEM LEADERSHIP TEAM