

TO-I HO-ZCU
FOOIQW I@-H

ANthem YOUTH

PARENT CUE



**AUG
2022**

**YOU
GOT
THIS!**

OVERVIEW:

We tell our students that Jesus is the source of life, but do we know how to prove it scripturally?

In this three week series, we'll study the passages of Scripture where Jesus explicitly claims to be the bread of life, living water, and the light of the world — all elements which are essential for life.

Our hope for this series is that students would be able to understand who Jesus is when he says, "I am."

Remember this:

Jesus said to them, "I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst.

- John 6:35

WEEK 1: "BREAD OF LIFE"

This week, we are talking about what Jesus meant when He said, "I am the bread of life." We will be discovering the truth that Jesus is essential to a soul that is well nourished.

WEEK 2: "LIVING WATER"

This week, we are talking about what Jesus meant when He said, "I am the living water." We will be looking at the story of the women at the well in John chapter 4, and how we can be eternally satisfied from the living water that God is.

WEEK 3: "LIGHT OF THE WORLD"

This week, we are talking about what Jesus meant when He said, "I am the light of the world." The truth about light is that it helps you see what you could not see before! We will be teaching students how God can guide us through dark places and actually give us a new perspective.

CONVERSATION STARTERS

Sometimes it can feel like we don't "need" God in our everyday lives, especially when things seem to be going well.

When you get a moment, ask your teen, "What is essential to their life?" and "Is God on the top of that list, why or why not?"

Jesus may not be their first answer, or even on the list at all. This could lead to great conversation on why Jesus is the true source of life!

In this series, we are going through three different times Jesus used "I am" statements.

Ask your teen, "What do you think it meant when Jesus said,

1. I am the bread of life.
2. I am the living water.
3. I am the light of the world.?"

ANthem
YOUTH
PARENT CUE

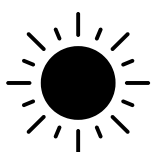


**AUG
2022**

**SEIZE
THE
DAY!**

DAILY CUES

MORNING TIME



Sometimes, without knowing it, we can just expect teens to forget or fail. But, what if we expected to be impressed, surprised and even proud—and then, we told them that?

This week be sure to give your teen encouragement. Try saying, "Hey, do you know how awesome you are? I'm so proud! I love watching you become the person you were made to be. Keep it up and let me know what you may need this week."

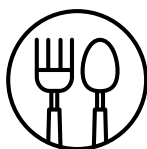


THEIR TIME

Teens can often feel like adults don't really get them. So, practicing being a student of them. Ask questions. Use not knowing and not being afraid to be asking as a way to connect and make them feel like an expert. Let them know you don't take yourself too seriously.

Expressing curiosity around the way their friends think and talk about worldly topics, instead of judgment or disgust, will earn their trust.

MEAL TIME



Make some time for you and your teen to grab a meal, coffee or smoothie—on you! Take time to ask questions about their friends, their school experience, pressures they might experience, or just to hear them rant about the latest drama. Remember, you aren't there to fix their problem, downplay, or correct their thinking. You're there to listen, sympathize, and make them feel understood.



BED TIME

Sometimes, youth need to have a conversation, but they aren't always sure how. Before your teen heads to bed, reassure them that you'll always be there for them, that your love for them won't change, and that your relationship won't be compromised—no matter what. Nothing they tell you could change that.

Be sure that this message, is clear in your words, tone, and body language.